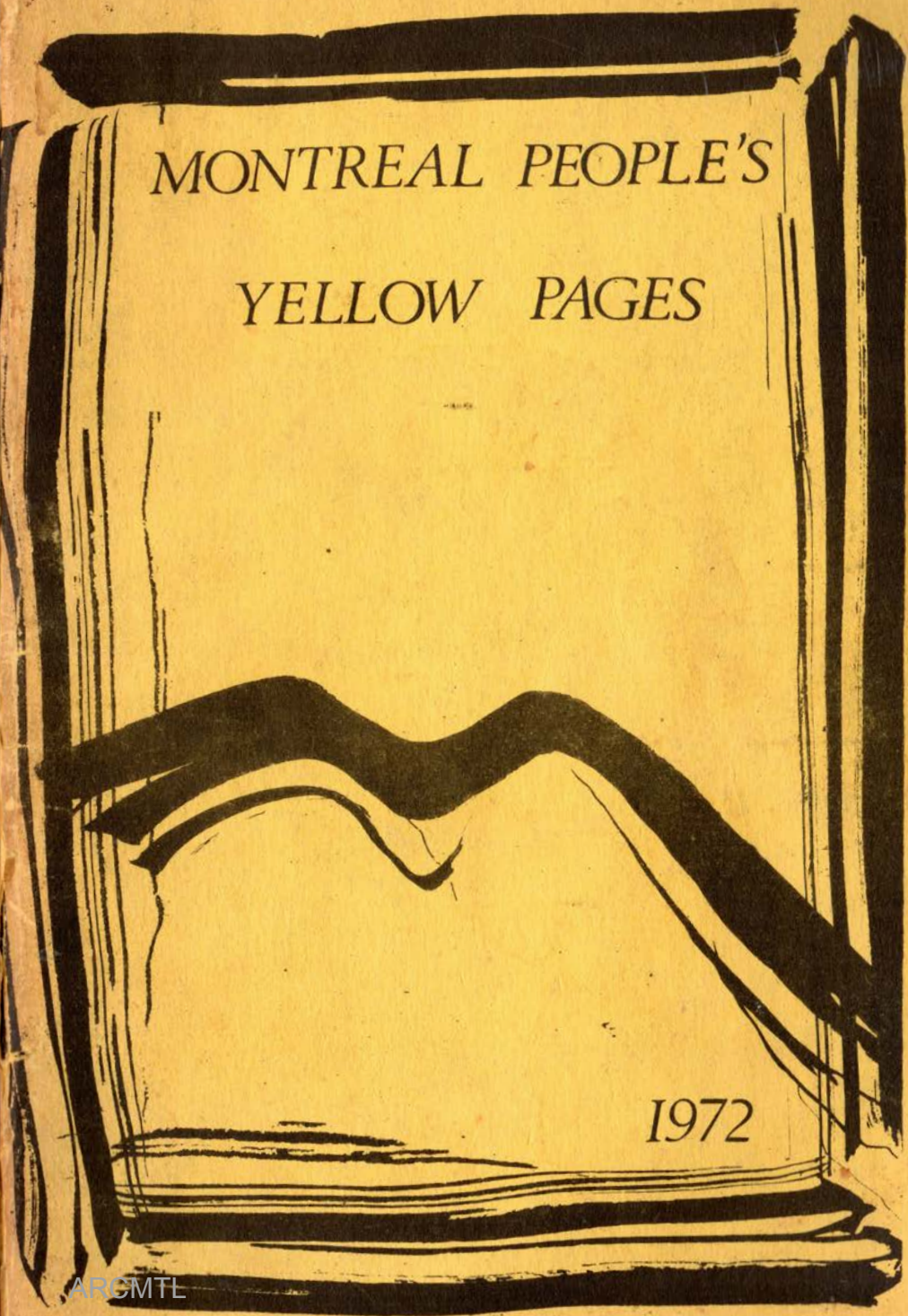
MONTREAL PEOPLE'S YELLOW PAGES



1972

ARCMTL

ANY CRITICISM OR INFO FOR NEXT ISSUE WOULD BE GREATLY APPRECIATED — FOR IMPROVEMENT

YO

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INTRODUCTION

Save the vibrations

picking up on

contrasting relationships

with Montreal.

Happening within her.

Side walk cafés

incase your head

in waves

to probe.

St. Denis Street,

only well

portraying Quebecois,

who could pass

and not yield?

Brought into this

you assemble thoughts,

nevertheless,

carré St. Louis goes on,

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startled by little.

It's like walking into,

not through,

Jacques Cartier Square,

a Toulouse Lautrec affection,

conveyed through response.

Frustrating Montreal,

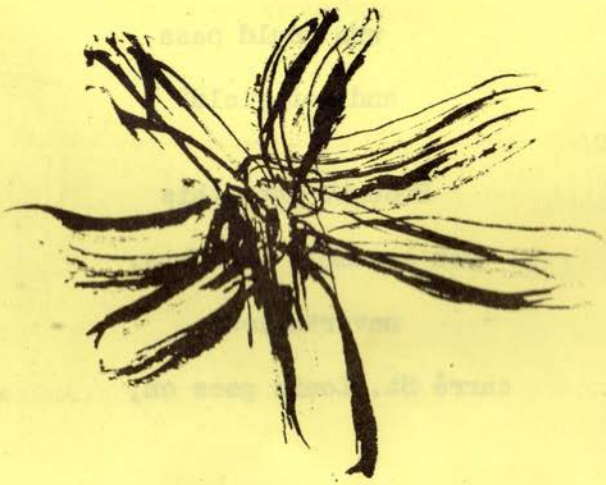
confiscating all

utterances

of love and hate,

there are those who feel

your reality.



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ABORTIONS :

It is possible to get a free (covered by Medicare abortion in Montreal, at either the Montreal General Hospital or the Jewish General Hospital, until the sixteenth week of pregnancy. However, as these two hospitals perform virtually all therapeutic abortions in Quebec, their facilities are severely strained.

The Reddy Memorial Hospital in Montreal also performs abortion, as does the Montreal Children's Hospit for women 17 and under.

If the pregnancy is too far advanced to get an abortion at a Montreal hospital, it is possible to get a therapeutic abortion in New York State until the 24th week of pregnancy.

If you are considering a New York abortion, or ha any related problem, the Montreal Women's Centre at 3694 St-Famille (tél. 844-5838, hrs.: 10:30 AM to 5 PM) will try to help.

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ART SUPPLIES :

Art-Tec: 269 O.Sherbrooke Street. Tel.: 288-9892

British Blue Print: 1831 O. Ste-Catherine. Tel.: 935-9919

Crowley's: 1387 Ste-Catherine W. Tel.: 842-4412

Fisher's: 1218 Drummond. Tel.: 866-7867

Nouveautés Educatives: 2001 St-Denis. Tel.: 844-1922

Candle Wax:

Esso Refinery: 3400 St-Patrick, near Atwater Market.
Tel.: 861-4251

Clay Supplies:

Pottery Bonsecours: 431 Notre-Dame E. Tel.: 844-6253

Metal Supplies: (silver, gold & wire)

Lumat: 637 Craig Street W., Montreal 101

Canadian Refinery: 1426 Clark. Tel.: 845-3279

Photographic Supplies:

N.D.G. Photography: 1197 Phillips Place. Tel.: 866-8761

Glass Blowing Supplies:

Fisher Scientific: 8505 Devonshire. Tel.: 735-2621

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ART WORKSHOPS:

Milton-Park:
3553 St-Urbain Street. Tel.: 844-6458
The Settlement House offers free art courses in weaving, jewelry, leather, print making, tye-dye, knitting, crocheting and posters.

Community Craft Co-op:
4280 Clark. Tel.: ~~845-3310~~
Free instruction classes in pottery, jewelry, photography, guitar, batik, écology, theater, candle making, weaving and art.
The art workshop is located at 3956 St-Laurent, Tel.: 288-6796. closed for now.

BAKERIES :

St-Lawrence: 3830 St-Lawrence. Tel.: 845-4536
Open till 11 PM daily.
This bakery has everything from bagels to cheese cake, all baked in brick ovens.

Samos: 26 Roy E. Tel.: 845-8833. Open usually till 10 PM. Greek bread & pastry.

Cantor: Alexis Nihon Plaza. Tel.: 931-1517
1665 de Maisonneuve W. Tel.: 935-6262
3872 a St. Lawrence. Tel.: 842-2813

All Cantor bakeries are open from: 8 AM - 11 PM, 7 days per week.

Levine's: 3670 St-Lawrence. Tel.: 845-1634. Open 7 AM - 10 PM daily.

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BAKERIES (Cont'd.)

Chinese Bakery: "Fong Wong's" 1057 St-Lawrence. Tel.: 866-8229. You can buy such delights as Moon cakes, sweet melon cakes and sesame candies. Open till 8 PM daily.

Peloponisos: 152 Napoléon. Tel.: 845-6765. Greek bread and a varity of pastries. Open 24 hrs.

BOOK SHOPS :

Academic Book: ~~1026 Sherbrooke~~ 2125 Drummond W. Tel.: 843-5711. 9-6:30 + 9 P.M Thurs Fri.

Browser's Book: 3505 Park. Tel.: 849-1444. no answer

Classic's: 1430 Ste-Catherine W. Tel.: 866-8276.
1327 Ste-Catherine W. Tel.: 844-1721.

Cover to Cover: 2050 Stanley. Tel.: 843-8221. Occult Book Store. + AS - not opened now.

Government of Canada Book Store: Place Bonaventure. Tel.: ~~849-4821~~. Topographical map, good for finding out of the way roads and places. 283-4821 9-5:15 PM Fri until 5 P.M.

Ho Chi Minh: 72 Prince Arthur E. Tel.: 843-6061. no answer

Librairie Encyclopédique: 1635 St-Denis. Tel.: 845-0911. 9-6 + Thurs + Fri 9 P.M

Librairie Québécoise: 1567 St-Denis. Tel.: 842-3604. Sat noon + 6 P.M

Mansfield Book: 2065 Mansfield. Tel.: 845-1872. 9-6 Thurs + Fri to 9 P.M

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CAMPING GROUNDS:

The areas mentioned below are all within 30 minutes drive of downtown.

Chambly:	Baie Chambly, route 1,	$3.00 daily
Brossard:	Riverside, route 3,	$4.00 daily
Caughnawaga:	Chief War Eagle, route 4	$2.50 daily
Ile-Bizard:	Ile Bizard, route 37,	$3.00 daily
	Plage Théoret, route 37	$2.50 daily
	Royal Martin, route 37	$3.00 daily
Longueuil:	Camp Alouette, route 3,	$3.50 daily
Oka:	Plage des Familles, route 29	$2.50 daily
	Parc Paul Sauvé, route 29	$3.00 daily
Ste-Catherine:	Parc Côte Ste-Catherine, route 3,	$4.00 daily
St-Zotique:	Tepee, route 2	$3.00 daily
Vaudreuil:	Riverview, route 2,	$2.50 daily
	Vaudreuil, route 2,	$2.50 daily

CHURCHES: (historical interest)

Marc Twain stated that in Montreal you can't throw a brick without breaking a church window and below are a few of those which are the most interesting ones for tripping around in.

Notre-Dame de Montréal: Located on Place d'Armes in Old Montreal. The church's interior is carved in wood and the whole thing is held together with wooden nails.

Sailors Church: It's on Bonsecour Square and is the oldest church in Montreal.

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CHURCHES (Cont'd.)

St-Joseph's Oratory: Perched on the north slope of the mountain and is the meeting place for millions of pilgrims. Note: hanging on walls the old crutches, wooden leg, elevated shoes, etc. Also note: that the last sculpture on the stations of Christ is a Rodin.

Christ Church Cathedral: This cathedral of 14th century gothic architecture serves the people in offering free back pack checking service and a reporting staff. Located on the corner of St-Catherine and Philip's Square.

Mary Queen of the World Cathedral: Located at the south-east of Dominion Square. The cathedral is a small-scale replica of Saint Peter's in Rome.

Chapelle Notre-Dame de Lourdes: 430 Ste-Catherine East.

Historical Place: If one desires more information on historical landmarks of Montreal, just visit the Travel Agency on Dominion Square. They will load you down with free brochures.

Religious Movement:

Hare Krishna Temple: 3720 Park Avenue. Tel.: 849-4319.

Yoga Vedanta Sivananda Center: 5178 St-Lawrence. Tel.: 279-3545.

Children of God. 1215 Crescent Street. Tel.: 871-0010.

Divine Light Mission: 1200 Sherbrooke West. Tel.: 849-86

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CINEMAS :

Ist rate film Cinemas: Commercial Cinemas are a little cheaper here than in U.S. Prices running between $2.00 - $2.50.

Alouette: French, 318 Ste-Catherine W. Tel.: 866-2807.

Atwater 1: English, Plaza Alexis Nihon (Atwater Metro) Tel.: 935-4246.

Avenue: English, 1224 Green Avenue. Tel.: 937-2747. Trans.: Atwater Metro.

Bonaventure: English, 1 Place Bonaventure. Tel.: 861-2725. Trans.: P. Bonaventure Metro.

Capitol: English, 890 W. Ste-Catherine. Tel.: 866-6828

Comédie Canadienne: Eng.-French, 86 W. Ste-Catherine. Tel.: 861-3476.

Elysée: French, 35 Milton Avenue. Tel.: 842-6053. Bus: Sherbrooke 24.

Loew's: English, 964 W. Ste-Catherine. Tel.: 866-5851.

Guy: English, 1435 Guy Street. Tel.: 931-2912. Guy Metro Station.

Palace: English, 698 W. Ste-Catherine. Tel.: 866-6991.

Parisien: French, 480 W. Ste-Catherine. Tel.: 861-2697.

Place du Canada: English, La Gauchetiére and Windsor. Tel.: 861-4595. Chateau Champlain Hotel.

Place Ville-Marie: English, 777 W. Dorchester. Tel.: 866-2644.

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CINEMAS (Cont'd)

Séville: English, 2155 W. Ste-Catherine. Tel.: 932-1139
Atwater Metro Station.

Vendome: French, Victoria Square. Tel.: 878-1451.
Trans.: Victoria Metro Station.

York: English, 1487 W. Ste-Catherine. Tel.: 937-8978.
Trans.: Guy Metro Station.

2nd rate film Cinemas:

2nd rate Cinemas are cheaper, older, usually have more than one show, like 3 for a $1.00 or $1.50.

Crystal: English, 1223 St-Lawrence. Tel.: 861-2249.

Eve: English, 1229 St-Lawrence. Tel.: 861-8081.

Guy: English, Guy & de Maisonneuve. Tel.: 931-2912.

System: English, 539 W. Ste-Catherine. Tel.: 845-2000.

Pornographic Films:

Pussy Cat: English-French, 4015 St-Lawrence. Tel.: 849-9469. Trans.: bus 55 St-Laurent from metro station.

Eros: 59 Ste-Catherine E. Tel.: 288-5513.

Underground Films:

Loyola College: F.C. Smith Auditorium. 7141 W. Sherbrooke. Tel.: 482-0320 (Loc. 137).
Trans.: bus 105 leaving Atwater metro station.
Prices: $0.50 to $0.75.

McGill University: Leacock Building. Tel.: 392-8993 & 392-8925. Most of McGill flicks are shown during the winter months. Prices between: $0.50 - $0.75.

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CINEMAS (Cont'd)

Outremont: English-French, 1248 Bernard W. Tel.: 277-3233. Most flicks are $0.99 and this cinema has midnight showings. Trans.: metro station Beaubien and then bus 160 or bus 80 Park Avenue.

Sir George Williams University: Hall Building, Room H-110. 1455 de Maisonneuve. Tel.: 879-4349. Most flicks cost $0.50 - $0.75 and Sir George runs films year round.

CLINICS :

Most of Montreal's clinics are free to the public and a few are listed below. Make a reservation if possible, it's better that way.

Youth Clinic: 3658 Ste-Famille. Tel.: 843-7885.
3 3 P.m on closed Sat & Sun

Clinique St-Jacques: 1211 Parc Lafontaine. Tel.: 523-6221.

Westmount Youth Clinic: 4424 Ste-Catherine W. Tel.: 932-3338.

Animal Clinic:

S.P.C.A. : (1) (2) 3202 St-Antoine. Tel.: 735-2711.
Opens: 3 hrs - 4:30 Mon. & Thurs. Free.
(2) 3886 St. Catherine E. (no phone)

COFFEE HOUSES, CAFES:

Most coffee houses have live entertainment on weekends. Phone first and check.

Yellow Door: 3625 Aylmer Street. Tel.: 843-3132.
Hootennany every Sunday nite.

Karma Coffee House: 1476 Crescent. Tel.: 879-7216.

Moveable Feast: 162 Prince Arthur E. Tel.: 849-3815.
live entertainment every day all summer

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COFFEE HOUSES, CAFES (Cont'd)

La Galoche: 1599 St-Denis. Tel.: 849-0518.

Café Prag: 1433 Bishop Street. Open till 4:00 each morning.

Café André: 2077 Victoria (on second floor). Tel.: 849-5038.

Itchevhana: 356 Berry

Café Pouchkine: 2080 rue Clark. Tel.: 844-6775. Open 24 hours.

CONSULATES IN MONTREAL :

France: 800 Victoria Sq. Suite 2220. Tel.: 878-4381.

Germany: 1501 McGregor Avenue. Tel.: 932-1112.

Great Britain: 635 Dorchester Blvd. W. Tel.: 866-1637.

Israel: 1555 McGregor Avenue. Tel.: 937-3937.

Netherland: 1 Place Ville-Marie, room 1736. Tel.: 866-4875.

United States: 1558 McGregor Avenue. Tel.: 937-6301.

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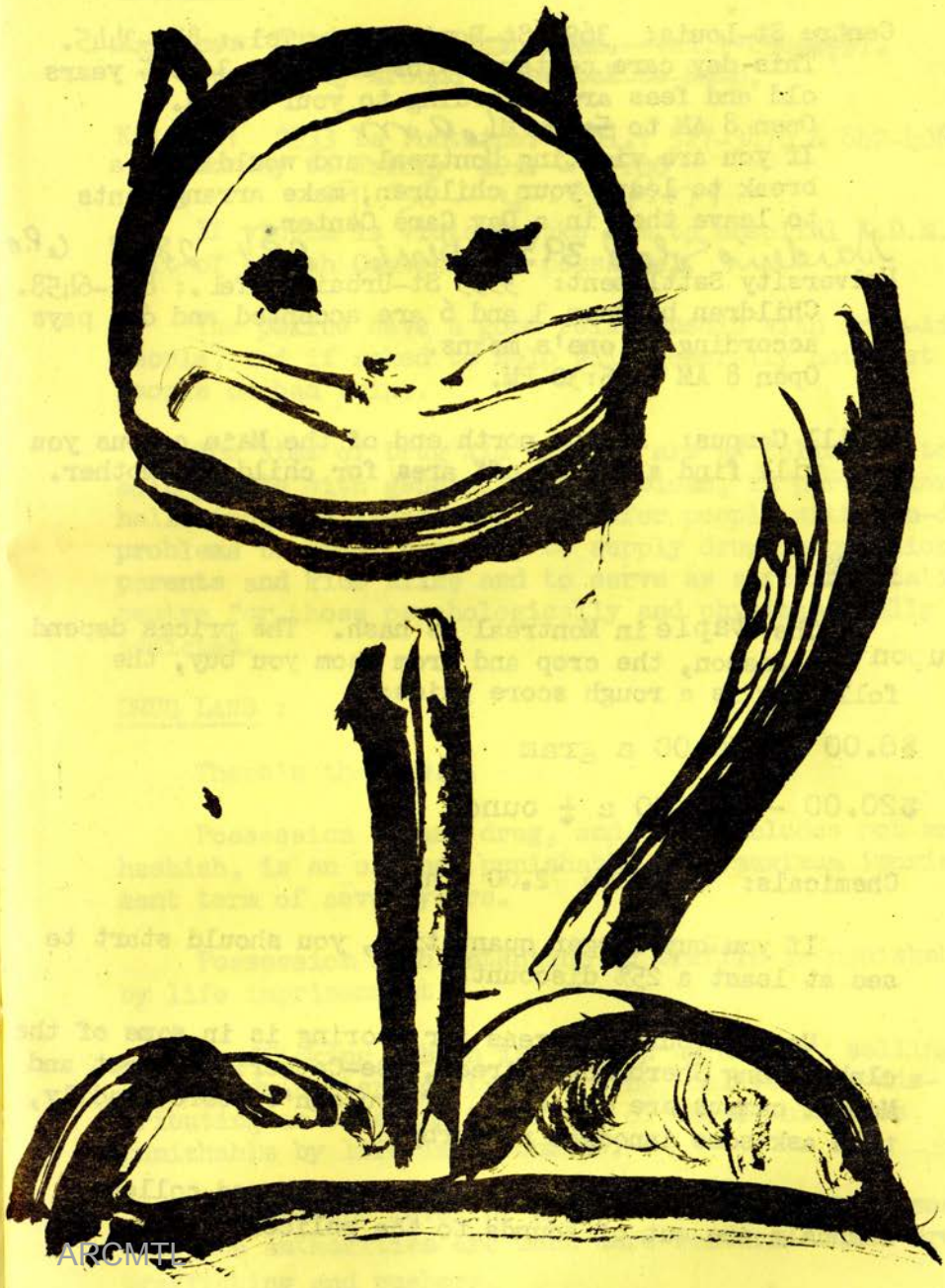

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DAY CARE CENTERS :

Centre St-Louis: 3691 St-Dominique. Tel.: 843-3445.
This day care center is for children 3 to 5 years old and fees are according to your means.
Open 8 AM to ~~5:30 PM~~ 6 P.M
If you are visiting Montreal and would like a break to leave your children, make arrangements to leave them in a Day Care Center.

Gardenie Soleil 3937 Berri 284-2843 6 P.M

University Settlement: 3553 St-Urbain. Tel.: 844-6458.
Children between 3 and 6 are accepted and one pays according to one's means.
Open 8 AM to 5:30 PM.

McGill Campus: At the north end of the Main campus you will find a fenced off area for child and mother.

DRUGS :

The staple in Montreal is hash. The prices depend upon the season, the crop and from whom you buy, the following is a rough score guide:

$8.00 - $10.00 a gram

$20.00 - $25.00 a ¼ ounce

Chemicals: $1.50 to $2.00 a hit.

If you buy larger quantities, you should start to see at least a 25% discount.

Most favourable areas for scoring is in some of the clubs along Sherbrooke Street, Ste-Catherine Street and McGill campus are not bad. If you can't score readily, then ask some innocent passerby.

Remember: Montreal's universities and college campus's are out of bounds to the police.

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DRUG AID :

~~Laplace: 4216 E. Ste-Catherine. Tel.: 25[illegible]51.~~
~~Open daily around the clock to help.~~

Kalatox: 2533 La Fontaine. Tel.: 527-3476 & 842-4083.
Monday to Friday ~~10:: - 17:00~~ 9'.30 - 4:30 P.M

If victim is violent take him to hospital E.D.M. unit of Jewish General, if possible.

The police have a good relationship with Drug-Aid people, and if asked to help will generally not bust people on bad trips.

The aims of Drug Aid Centers are as follows: to help people with general drug problems, in particular hallucinogenic freak-outs; to refer people with non-drug problems to other centers; to supply drug information to parents and kids alike and to serve as a rehabilitation centre for those psychologically and physiologically addicted.

DRUG LAWS :

There's the law...

Possession of any drug, and this includes pot and hashish, is an offence punishable by a maximum imprisonment term of seven years.

Possession with intention to traffic is punishable by life imprisonment.

Trafficking, which is defined as making, selling, giving, administering, transporting, delivering, distributing or offering to do any of these things is punishable by life imprisonment.

The present level of drug use in Montreal is such that the authorities are much more concerned with drug trafficking and pushers.

ARCHIVE

Now that we know the law we also realize that it's impractical; under above regulations a good per centage

DRUG LAWS (Cont'd)

of Montreal would be behind bars.

So be free.

FARMERS' MARKETS :

Atwater Market: Atwater Ave. & Notre-Dame W. Tel.: 932-3195. Hrs: Mon. - Sat. 8:00 - 17:00
Sunday closed.

Bus: 107 or 108, five minutes drive from Atwater Market.

Jean-Talon Market: Place du Marché near Belange and Alma. Tel.: 872-4620. Hours: 8:00 - 17:00.
Trans.: Jean Talon Metro.

Acadie Market

Saturday is by far the best day to visit the markets. One can purchase fresh vegetables and meats marketed by the farmers from the Laurentian & Eastern Townships. Excellent locally made cheese and assortment of flowers also can be obtained.

FISH MARKETS :

Both Jean-Talon and Atwater Markets have fishstands Several others in the city are listed below.

Waldman's: 74 E. Roy near St-Laurent. Tel.: 842-4483.
Trans.: bus 55 from St-Laurent metro.

Aegean: 25 Avenue des Pins E. Very friendly fish merchant.

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Portuguese Fish Market: 159 E. Duluth. Tel.: 843-6964.

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FLEA MARKET :

This is an open air affair where everything imaginable is sold. The best days for bargains are Friday, Saturday and Sunday.

Notre-Dame E.: Tel.: 861-2915. Hrs.: 10:00 - 23:00 Mon. Sun. Trans.: bus: 136-60 at Carré Phillips to Notre-Dame, then bus 35-36 E. Metro: station Champ de Mars.

GALLERIES :

Moos Galerie: 1430 Sherbrooke W. Tel.: 842-2747.

The Upper Sky: 2065 St-Denis. Tel.: 849-3486.

Stable Gallery: 3424 Ontario Street. Tel.: 842-8091.

The Centaur Gallery: 453 St-François Xavier. "Photography" Tel.: 288-1229.

La Galerie Espace: 1237 Sanguinet. Tel.: 866-8126.

Sir George Williams University: Weissman Gallery: 1455 de Maisonneuve W. Tel.: 879-4349.

L'Atelier d'Art: 278 Sherbrooke W. Tel. 845-6443.

GETTING FED :

HEALTH FOOD RESTAURANTS:

O-PTI-ZOIZO: ~~27 Ontario W.~~ 27 Ontario W. Tel.: 845-2652. Hrs: 12:00 to 7:30 PM.
A meal for a dollar, or as much as you can eat. Don't forget it's self service and washing of your own dishes is appreciated.

Moveable Feast: 162 Prince Arthur E. Tel.: 849-3815. Noon to 8:30 PM. Good full meal for $1.00; cheaper side order can be obtained like rice and a big bowl of soup.

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HEALTH FOOD RESTAURANTS (Cont'd)

Second Nature: 2130 Bishop. Tel.: 845-9957. Hrs: 11:45 - 13:00. Complete meal for $0.99 and a la carte also available.

Cuckoo: 2055 Bishop. Tel.: 843-4118. It's on the expensive side.

La bonne table: 1145 de Bullion Street. Tel.: 861-7793.

REASONABLY PRICED RESTAURANTS :

Old Vienna: 1250 Bleury Street. Tel.: 866-9236. Hrs.: 10:00 AM - 5:00 AM. Meat loaf: $0.75, Viennese Goulash $1.24, Austrian style hamburger $0.65, etc...

Domino: 1429 McKay Street. Most meals range from $0.99 to $1.24.

Moveable Feast: check under Health food.

Daudelin: 358 Notre-Dame. Open till 7:00 PM. Canadian restaurant with most meals about $1.24.

O-PTI-ZOIZO: check health food.

Le Chouan: 1682 St-Denis. 25 varieties of crepes Brettonnes costing between $0.50 and $1.24. Open till midnight daily.

Salvation Army: 1620 W. Notre-Dame. Tel.: 932-2214. Open 7 AM - 11:30 PM. Lunch and supper: $0.75.

Run A-Way Slave: 2140 Bishop. Soul food, good weekly special of $1.24 between 12 noon and 2:30 except Sundays.

ARCHIVE

Tassos: 2057 St-Lawrence. Open till 7 PM. Most food goes for $0.85 with the meal of the day $1.21.

REASONABLE PRICED RESTAURANTS (Cont'd)

Welcome Café: corner of Clark and La Gauchetiére. Tel.: 861-3155. Hrs: open to 5 AM. Meal of Chinese food for one cost $1.95 but it's enough for two. A plate of rice with brown gravy cost $0.35.

Rainbow Sweets: 3500 Park Ave. Tel.: 849-2063. Most meals under $1.00. Open till 9 PM.

Mazurka's: 64 Prince Arthur E. Tel.: 948-0082. Polish, Canadian food. Meals go for around $1.10, 3 course. Open till midnight.

Ben's: 990 de Maisonneuve W. Tel.: 844-1001. Montreal's most famous smoke meat restaurant.

Schwartz's: 3895 St-Lawrence. Tel.: 842-4813. Montreal Hebrew Delicatessen. Closes at 1 AM Mon. & Wed., 2 AM Thurs., 4 AM Fri. & Sat.

New Byzantion 3635 St-Lawrence. Tel.: 845-5092. Try the suflaucki with yogurt.

Sir George Williams University: 1455 de Maisonneuve W. Cafétéria is on the 7th floor. Hrs. 11:30 - 14:00, 17:00 - 10:00 Mon. - Fri.; 11:30 - 11:00 Sat.

Muz Muz: 1191 McKay. Tel. 868-1134. Sell's good simple Austrian and German food. Open 24 hrs.

Rose Marie's: 2054 Stanley. Tel.: 842-5583. Serves continental and Canadian food, prices range around $1.24. Open till 8:30 PM daily, closed Sunday.

L'Escale: 410 est Duluth. Tel.: 842-2824. French Cuisine served in a little restaurant with prices and feel of the good old days.

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REASONABLE PRICED RESTAURANTS (Cont'd)

Yellow Door: 3625 Aylmer. Tel.: 843-3132. Hot plate at $0.35 and $0.55 with dessert and drink. Served between noon and 2 PM.

ALL NIGHT RESTAURANTS :

Luxor: 1381 Ste-Catherine O. Tel.: 845-4927.

La Fontaine de Johannie: 3666 St-Denis. Tel.: 845-6376.

Briton: 1606 Ste-Catherine W. Tel.: 932-0652.

Dunn's: 892 Ste-Catherine W. Tel.: 866-4377

Dankoff's: 1446 Peel Street. Tel.: 849-1141.

Moe's: de Maisonneuve W. & Closse.

Muz Muz: 1191 McKay. Tel.: 868-1134.

GETTING SHELTER : "phone first"

Youth Hostel: 3541 Aylmer Street. Tel.: 843-3317. ~~$2.50 per night~~ $3.00 5P.mon

Y.M.C.A.: 1441 Drummond Street. Tel.: 849-5331. $5.50 - $7.50 per night.

Y.W.C.A.: 1355 Dorchester W. Tel.: 866-9941. ~~$6.00 - $8.00 per nightly~~ $7 nightly $19 $7 $9 nightly

Hostel: 481 Prince Arthur W. Tel.: ~~288-6896~~. $1.00 for a bed, $0.50 for the floor.

Deserters' Hostel: 4287 l'Esplanade. For deserters on

Loyola College: 6900 Sherbrooke W. Tel.: ~~488-0320~~ 481-2651 ex. 326. Single $3.00, double $2.75 per night. Open June to August 31.

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GETTING SHELTER (Cont'd)

MacIntosh Hall: 3702 de la Montagne. Tel.: 842-3074. Open July to August 31. Single $5.00, double $5.00.

Marianopolis College: 1230 McGregor. Tel.: ~~288-5168~~ ex. 32. Open June to August 31. Single ~~$6.00~~, double ~~$6.00~~.

Université de Montréal: 2450 Edouard-Montpetit. Tel.: 343-6531. Open June to August 31. Single $4.00, double $3.00.

GOVERNMENT HOSTELS: all listed below cost $0.50 plus a meal. (Or what you can afford.)

Le Relais: 2109, rue Bleury, Tel.: 282-3963. 30 beds.

Loyola College: 6931 Sherbrooke ouest, Tel.: 482-9280. 100 beds.

Ozanam: ~~165 Sherbrooke est, Tel.: 284-3433. 30 beds.~~

College-Vanier: 3955 rue Dupuis, Tel.: 731-7049. 100 - 150 beds.

Sir George: rue Bishop; 7910 Côte St. Luc, Tel.: ~~481-2835~~ or ~~737-1598~~. 60 beds.

Street Sleeping: If things come to worse, one can try the lawns of St-Patrick Church on the corner of Dorchester and Beaver Hall Hill or St-James Church on the corner of St-Catherine and City Councillors.

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ROOMING HOUSES :

Allaire: 3690 St-Denis. Tel.: 844-0750. $7.50 weekly.

~~Audy: 348 Emery. Tel.: 845-5475. $7.00 - $10.00 weekly~~

Beaudoin: 901 Napoléon. Tel.: ~~522-1832.~~ $10.00 weekly

Bell Guest House: 1325 Dorchester W. Tel.: 866-0584. $4.50 daily.

Beaver Hall: 610 La Gauchetiére W. Tel.: ~~866-5079.~~ $2.50 - $3.51 daily.

The Nest: 1271 Dorchester W. Tel.: 866-0344. $4.00 - daily.

McGill Residences: 3935 University. Tel.: 392-4222. Prices vary depending if you're a student or not.

~~Massicotte: 3407 Hutchison. Tel.: 288-7672. $8.00 weekly.~~

Poitras: 3452 de Bullion. Tel.: ~~844-9896.~~ $10.00 weekly.

Barette: 3668 Durocher. Tel.: 352-1497. $10.00 weekly

Feller: 4277 Esplanade. Tel.: 389-8129. ~~$8.50 weekly.~~ $10.50 mthly

Govart: 65 Sherbrooke E. Tel.: ~~845-5487.~~ 527-6506 $12.00 weekly

Lemenn: 1663 St-Denis. Tel.: ~~[illegible]~~ 672-1094 ~~$9.00 - $20.00~~ $18.00 mthly weekly.

Lurieu: 3429 Hutchison. Tel.: 274-3825. $10.00 weekly.

ARCMTL

HEAD SHOPS :

Bizbeck: 158 Prince Arthur E. Tel.: 842-1566.
Leather goods hand made and painted. Used clothes.

Flea Market: 338 Notre-Dame E. Tel.: 861-2915.

Garou: 154 Prince Arthur E. Hand made wooden toys, made by the people who operate the shop.

Grizzly: 152 Prince Arthur E. Used furs at good prices.

Hippo Leather Shop: 2111 Bleury Street. Hand crafted leather goods.

I' Tout Croch: 120 Prince Arthur E. Micheal and Allan will make clothes to your liking, or repair, also a good value in used clothing.

Labyrinth Market: 486 Ste-Catherine W. Tel.: 861-6914.
A number of shops selling waterbeds to glass pipes.

Leathersmith: 109 Prince Arthur E. Good leather goods, custom made to meet your desires.

Le Rouage: 131 Prince Arthur E. Tel.: 843-4708.
Good condition second hand items sold inexpensively.

Live From Earth: 156 Prince Arthur E. A shop that sells Afghan coats, incense, pipes and all the other little things that stimulate one's imagination.

North Country Fair: 1010 Sherbrooke W. A leathershop that makes fine custom leather garments, also glass pipes and assorted incense.

Ogima Mit: 2118 Ste-Catherine W. Tel.: 933-4791.
Imported leather products.

Phoenix: 1431 A MacKay Street. Tel.: 284-2580. Hand crafted suede and leather garments and accessories.

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HEAD SHOPS (Cont'd)

Picasso's: 1265 Bishop Street. Tel.: 861-6075. Variety of everything including clothes, fine glass pipes and pauperie.

Purple Unknown: 2145 Bleury Street. Tel.: 849-9810. This shop has a large variety of rock incense, posters and candles.

Byblos: 2120 Bleury Street. Tel.: 849-4479. Has about the best buy in beads.

Classical Bottle Boutique: 1433 Bishop. A whole host of bottle ideads, visit it for yourself, just across the hall from Cheap Thrills.

HEALTH FOOD STORES : 4800 St. Dominique 843-4593

Natural Food Co-op: 61 ~~Marie-Anne.~~ Tel.: ~~844-2640~~. Good food shop with everything from home made Granola to farmers eggs. Very reasonable prices. Hrs: Tues. - Wed.: 10: - 18:00; Sat. too. Thurs.: 17:00 - 21:00; Fri.: 10:00 - 21:00.

Anyone can do group orders in Quebec - low markup

A Moveable Feast: 162 E. Prince Arthur. Well stocked store centrally located near Carré St-Louis.

O-PTI-ZOIZO: 27 rue Ontario O. Tel.: 845-2652. Hrs.: 12:00 - 19:30.

Mirian: 3677 St-Lawrence. Tel.: 844-2729. A healthy German family whose shop sell 100's of different herbs and packaged goods not usually sold in food shops.

Satori: 1222 St-Urbain. Tel.: 861-8740.

Cuckoo! 2055 Bishop W. Tel.: 843-4118. Small and expensive.

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HITCHING :

Hitch hiking is at most times pleasant and easy habit in Montreal, especially if you don't try Sundays.

To hitch West: Ottawa, Toronto, Vancouver. Take metro to Crémazie then bus 100 along Metropolitain Blvd. to Trans Canada ramp entrance.

To hitch East: Quebec City, Gaspian, Halifax. Take metro to Longueuil then walk to Sorel entrance ramp, route 3 and 20. One also can transfer from metro onto buses 74 or 75 and go to the end of line.

To hitch South: New York, Boston, U.S.A. Take metro to Longueuil then walk to U.S.A. entrance ramp route 3 and 20. Another faster way is to take the St-Rémi bus to junction of route 9 and 9c. This bus will cost an extra $0.95, but worth it if time is important. Buy bus ticket in metro station.

To hitch North: Val Moran, Ste-Agathe, Mont Tremblant Park. Take metro to Henri-Bourassa then transfer to bus 69 to Autoroute des Laurentides.

Inter-City Hitching:

To hitch East-West: Sherbrooke Street is the best bet.

To hitch North: Côte-des-Neiges and St-Laurent Street.

To hitch South: To get to the South Shore the entrance ramps to the Jacques-Cartier and Victoria bridges are good hitching spots. The hitching locations mentioned above are the easiest and fastest way out of the city. But if you haven't the bread for the metro then follow the inter-city routes out.

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IMMIGRATION :

Montreal Council to Aid War Resisters: 3625 Aylmer Street. Tel.: 843-3132.

American Exile Councelling Center: 3971 St-Denis. Tel.: 844-3126.

Canadian Immigration: 305 O. Dorchester. Tel.: 879-5454.

Service d'Accueil aux Voyageurs et aux Immigrants: 102 O. Craig. Tel.: 842-2971.

LEGAL AND SOCIAL AIDS :

St-Louis Junction: 3955 St-Laurent. Tel.: 844-2648.

The Diagnostic Legal Clinic is open on Monday's and you may tell a lawyer your case and he will tell you how you stand but will not initiate any action on your behalf. This service is free. Also at your disposal is aid on civil liberties, divorce, welfare, leases, government bureaucracy, cockroaches, censorshi child-custody, discrimination, and illegal arrest.

Acres: Tel.: 844-3491. Consumer protection.

Bar Association: Tel.: 873-3580. Open to those unabl to afford lawyer or legal defence .

Tenants' Association: Tel.: 849-3211. Gives free advice on tenants' rights, but does not cover court cost.

University Settlement: 3553 St-Urbain. Tel.: 842-883 Welfare and low income aid; food co-op; day care center; clinic; art workshop; clothing depot and immigrant service.

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Association des Locataires: 937 Cherrier. Tel.: 523-

LIBRARIES :

Atwater: 1200 Atwater; metro Atwater. Tel.: 935-7344. Hrs.: 9:00 - 17:00; closed Monday.

Montreal Childrens: 3835 Sewell; near Pine. Tel.: 288-3061, closed Sunday.
3700 St-Dominique. Tel.: 845-8673. Hrs.: 1:00 - 17:00 Monday to Friday.

Montreal City: 1210 Sherbrooke E. Tel.: 872-2908. Hrs.: 10:00 - 22:00. Sat: 10:00 - 17:00. Sun: 14:00 - 18:00. Trans.: Sherbrooke bus 24.

Montreal Museum: 1379 Sherbrooke W. Tel.: 842-8091, Local 35. Hrs.: Tues, Thurs. and Fri.: 10:00 - 16:45; Wed.: 10:00 - 21: 45. Trans.: Sherbrooke bus 24.

Redpath Library: McGill University. Tel.: 392-4513. Hrs.: 8:30 - 22:00. Sat.: 8:30 - 17:00. Sun.: 14:00 - 21:00.

National Library: 1700 Rue St-Denis. Tel.: 873-4553. Hrs: 9:00 - 21:00 Mon. to Fri. Trans.: St-Denis bus 30.

N.F.B. Film Library: Tel.: 283-4685. One must write one or two weeks in advance for film reservations.

Contemporary Art Museum Library: Cité due Havre. Tel.: 873-2878. Hrs.: 10:00 - 17:00 Tues. to Fri. Trans.: Bus, 12 Carré Phillips.

The Community Library: 3658 St-Famille. Open 5 PM - 10 PM Monday thru Friday.

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MEDIA :

Agence de Presse Libre du Québec: 3459 St-Hubert. Tel.: 523-2778.

C.H.O.M. - F.M.: 1310 Greene. Tel.: 935-2425

Le Travailleur: 370 a Duluth. Tel.: 843-4347.

Le Village: 265 Duluth. Tel.: 845-8700.

Logos: (Montreal's Underground Paper). 3534 Park Avenue. Tel.: 284-3132. Mailing: box 455, Montreal 215.

Media-Jeunesse: 1120 St-Paul, ch. 200. Tel.: 849-2374.

Main-Mise: 1589 St-Denis. Tel.: 843-4792.

Québec-Presse: 9670 Péloquin. Tel.: 381-8684.

MONTREAL PARKS :

Information: 872-2556.

Dominion Square: Thispark is located near the intersection of the two busiest streets in Montreal. This summer there are frequent concerts and open air art displays. This park is also the starting point for most of Montreal's sightseeing and calechetours.

Carré St-Louis: This is a tiny park located in Monreal's Village; the unique winding wrought-iron staircases. This park usually hosts a good number of freaks and sprinkled on each park bench are the old timers. Location: St. Denis and Prince Arthur in Carré St-Louis. Thispark is the gathering place for most of Montreal's demonstrations.

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MONTREAL PARKS (Cont'd)

Place Jacques Cartier: This coble street is set in the midst of old Montreal. There are many clubs of all varieties around or in the vicinity of this square. This intriging square is a meeting place for the youth of Montreal. Location: between Notre-Dame Street and the waterfront. Trans.: metro to Champ-de-Mars or bus 55 St-Urbain going south.

Parc Lafontaine: This good size park contains two small lakes, a children's Garden of Wonders, park concerts and recreation facilities. canoeing Location: Sherbrooke E. and rue Parc Lafontaine. Bus 24 Sherbrooke.

Parc Ile St-Helene: This is a beautifull island park surrounded by the St-Lawrence River and Terre des Hommes. It has facilities for picnics and swimming. The Montreal Militaire Museum, two old forts and a watertower can be visited. Trans.: metro to Ile St-Helene Station.

Mont Royal Park: Situated at the top of old volcanic Mont Royal, this park of 5,000 acres of woods, and rolling grassy fields floats 763 feet above the city. The park has picnic facilities, a sculpture garden, lake and loads of room just to freak in. The cheapest way to scale the mountain is to climb it. There are steps at the foot of Peel and Ontario Street or one can ascend by a small gravel road, which starts behind the Jacques Cartier monument on Park Avenue. This east slope of the mountain is the most natural and if you're up to it, you can climb the east slope cliffs. Transportation: walk up Peel Street or take bus 11 from Mount Royal metro station.

ARCMTL

MONTREAL PARKS (Cont'd)

Parc Maisonneuve: Botanical Gardens: 4101 Est Sherbrooke. This is one of the worlds top three Botanical gardens which has 192 acres of rolling parkland. This park is opened from 9 AM to sunset all year round. Transportation: bus 185 from Frontenac metro station.

Angrignon Park: This is a big natural park in the south west part of the city. This park has fishing, picnic and boating facilities. It has two lakes of over a mile each in length. In winter there is a children's zoo (open 12:00 - 18:00 Sat. & Sun.) Transportation: bus 78 from Atwater metro station.

MAP KEY

Areas:
1. Centre Montréal
2. Carré St-Louis
3. Crescent, Bishop
4. Chinatown
5. Old Montréal

* * The distance between each star is about 10 minute walk.

Ⓜ Metro Stations.

2280 Street Number. St-Lawrence Street is the medium between west and east.

The waterfront is the starting point for numbers north; south, the further you are from the river the higher the street number.

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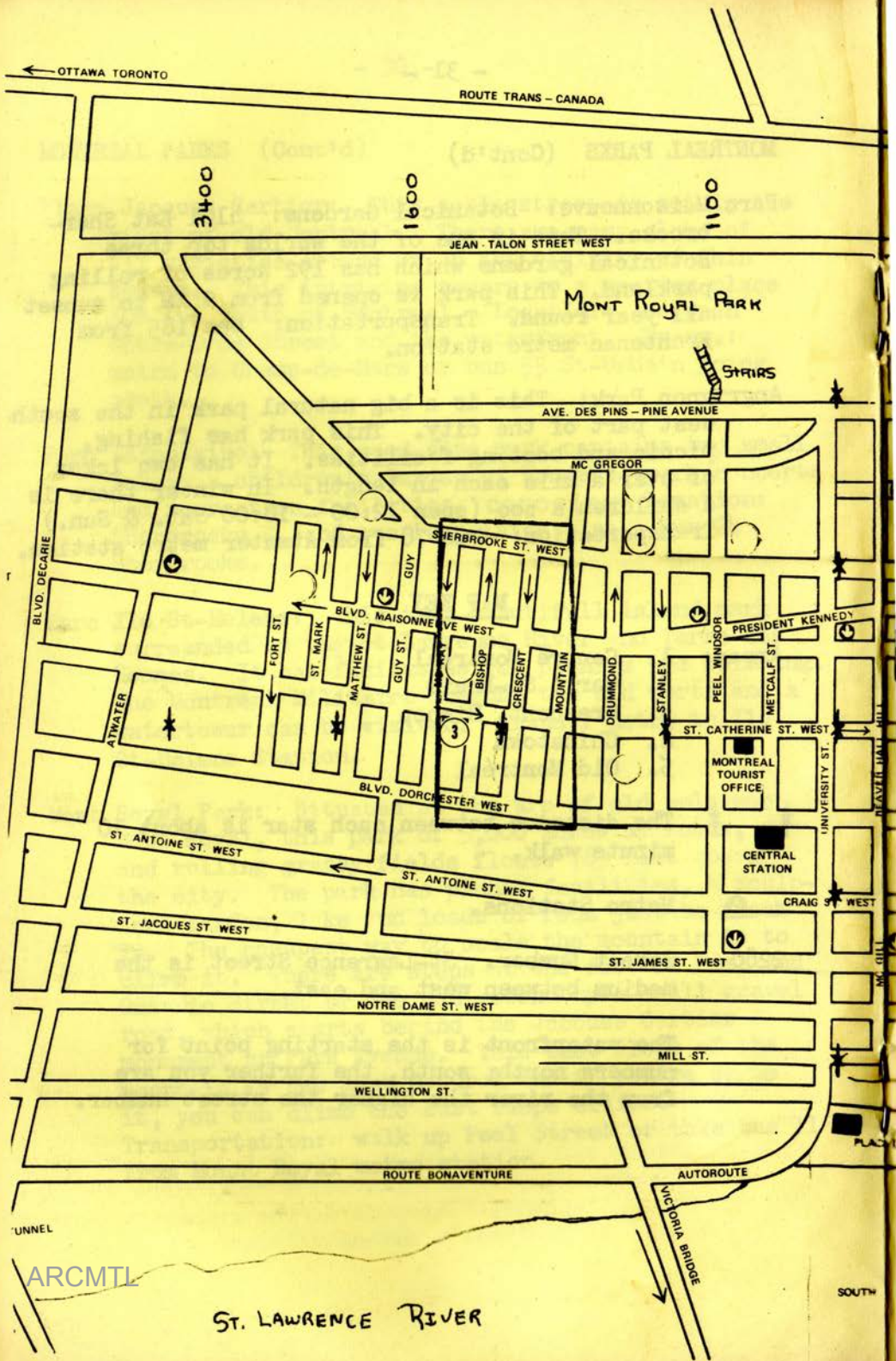
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FORT ST
ST. MARK
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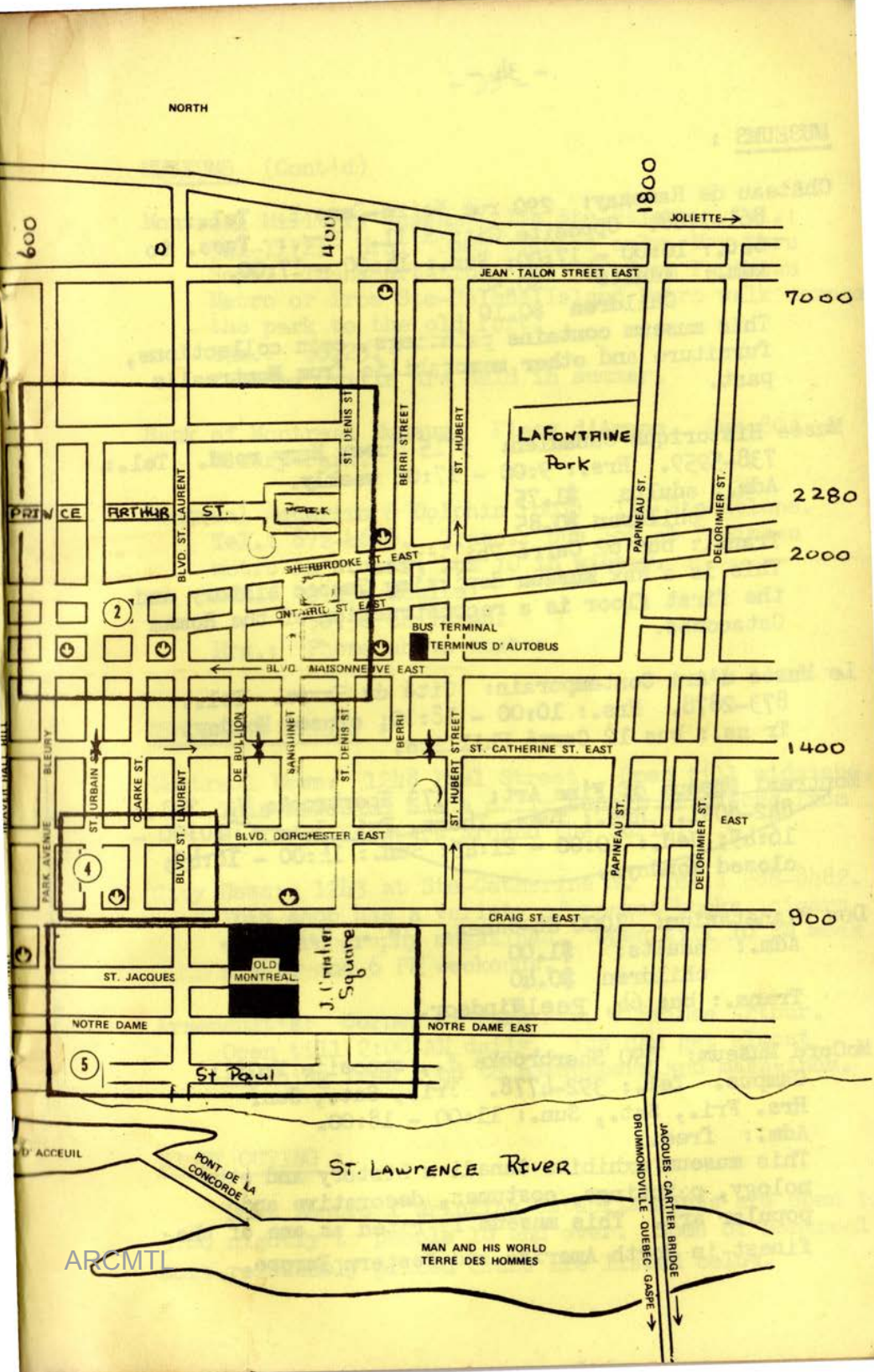
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NOTRE DAME EAST
St Paul
D' ACCUEIL
PONT DE LA CONCORDE
ST. LAWRENCE RIVER
DRUMMONDVILLE QUEBEC GASPE
JACQUES CARTIER BRIDGE
MAN AND HIS WORLD
TERRE DES HOMMES
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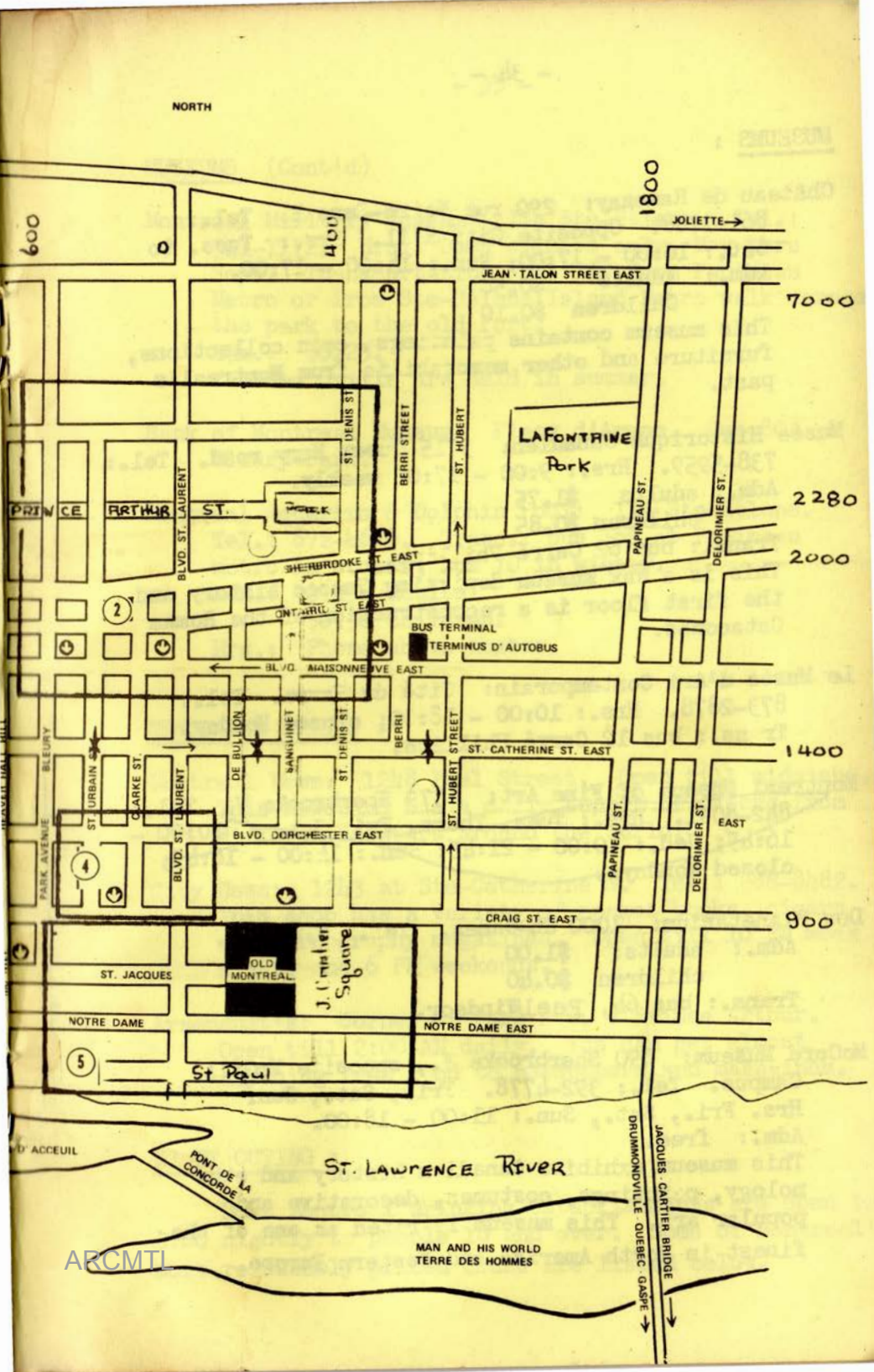
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J. Cartier Square
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NOTRE DAME EAST
St Paul
D'ACCUEIL
PONT DE LA CONCORDE
ST. LAWRENCE RIVER
DRUMMONDVILLE · QUEBEC · GASPÉ
JACQUES CARTIER BRIDGE
MAN AND HIS WORLD
TERRE DES HOMMES
ARCMTL

MUSEUMS :

Château de Ramezay: 290 rue Notre-Dame E. Tel.: 861-3708. Opposite City Hall. Hrs.: Tues. to Sat.: 10:00 - 17:00; Sun.: 14:00 - 17:00.
Adm.: Adults $0.50
Children $0.10
This museum contains paintings, coin collections, furniture and other memorabilia from Montreal's past.

Musée Historique Canadien: 3715 Queen Mary road. Tel.: 738-5959. Hrs.: 9:00 - 17:00 weekly.
Adm.: adults $1.75
children $0.85
Trans.: bus 62 Carré Phillips.
This is a wax museum depicting Quebec history and the first floor is a reconstruction of the Roman Catacombs.

Le Musée d'Art Contemporain: Cité du Havre. Tel.: 873-2878. Hrs.: 10:00 - 18:00; closed Monday.
Trans.: bus 12 Carré Phillips.

Montreal Museum of Fine Art: 1379 Sherbrooke W. Tel.: 842-8091. Hrs.: Tues, Thurs, Fri, Sat.: 10:00 - 16:45; Wed.: 10:00 - 21:45; Sun.: 11:00 - 16:45; closed Mondays.

Dow Planetarium: 1000 St-James. Tel.: 872-2815.
Adm.: adults: $1.00
children $0.40
Trans.: bus 64, PeelWindsor.

McCord Museum: 690 Sherbrooke W., opposite McGill Campus. Tel.: 392-4778. Fri., Sat., Sun.
Hrs. Fri., Sat., Sun.: 11:00 - 18:00.
Adm.: free.
This museum exhibits Canadian history and ethnology, paintings, costumes, decorative and popular art. This museum is rated as one of the finest in North America and Western Europe.

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MUSEUMS (Cont'd)

Montreal Military Museum: Ile Ste-Hélene. Tel.: 521-7172. Hrs.: Open summers only, May thru Sept. Transportation: bus 169 from Papineau Metro or from Ste-Hélene Island Metro walk across the park to the old fort.
Adm.: $0.25.
Costume drills are held in summer.

Bank of Montreal Museum: Place d'Armes. Bus 80 Bleury-Park.

Montreal Aquarium & Dolphin Pool: Ile Ste-Hélene. Tel.: 872-4656. Trans.: bus 169 at Papineau metro in summer, bus 70 in winter.
Adm.: $1.50 adults
$0.50 children.
Hrs.: Phone above number.

NEWSPAPER STANDS :

Montreal News: 1248 Peel Street. Open till midnight. This newstand has a daily supply of papers from different centers around the world.

City News: 1243 at Ste-Catherine W. Tel.: 288-8482. This shop has a variety of pocket books, cigars and pornography magazines. Open till 10 PM week nights and 6 PM weekends.

Arsenault's: Corner of Park Ave. & Prince Arthur. Open till 2:00 AM daily. You can get almost anything from food to newspapers and magazines.

NIGHT OUTING :

Most Montreal drinking establishments are open to 3:00 nightly to people 18 and over. Some of Montreal's more reasonably priced clubs are listed below.

ARCMTL

NIGHT OUTING (Cont'd)

Black Bottom: 22 rue St-Paul E. Tel.: 861-8780.
Soul & Jazz music.

Boiler Room: 1459 Crescent Street. Tel.: 288-6364.

Boulevard de Paris: 893 Ste-Catherine W. Tel.: 842-6562.

Café Campus: 3315 Queen Mary Road. Tel.: 735-1259.

Café Picasso: 1621 St-Denis. Tel.: 843-3533.

Discotheque L'Inncense: 1616 de Maisonneuve W. Tel.: 946-2164.

Esquire Show Bar: 1224 St nley Street. Tel.: 866-7878.
Blues music.

Hôtel Iroquois: 454 Place Jacques-Cartier. Tel.: 866-4605.

Café L'Imprévu: 446 Place Jacque-Cartier. Tel.: 861-5416. Live rock and folk groups.

L'Atelier au Carré 3738 St. Dominique 842-3393
Le Chat Noir: 181 Sherbrooke W. Tel.: 844-4143. entertainment at $1.00 or $.50 + coffee

Nelson Hotel: 425 Place Jacques Cartier. Tel.: 861-5731.

Poor Richard's: 1465 Crescent Street. Tel.: 843-3747.

Annex: 1445 Bishop Street. Tel.: 844-8419. Music, bar and film room.

La Boheme: 1418 Guy Street. Tel.: 932-2151. Jazz.

Chez Dieu: 450 Place Jacques-Cartier. Tel.: 861-5416.

Bistro: 2080 de la Montagne. Tel.: 842-3481.

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NIGHT OUTING (Cont'd)

Le Tarot: 1459 St-Alexandre. Tel.: 849-2861. Very good light experience at $1.00 a head. Open till 4 AM on Thurs., Fri., Sat. and Sun.

Rainbow Bar & Grill: 1430 Stanley. Tel.: 849-8262. Fine people in a totally relaxing environment. Must be experienced, not explained.

Montreal Folk Workshop: 2055 Stanley. 3rd floor above the William Tell. Open only on Wednesday night.

ODDS AND ENDS :

Events: For latest events in Montreal, check the Entertainment section of the Saturday's Monteal Star.

Locksmith: 2039 St-Laurent. Tel.: 844-2130.

Nut's: United Delicatessen: 1077 St-Laurent. Tel.: 861-4447. This restaurant is open 24 hours daily and if nuts of different 24 varieties is your thing then find the place out.

Bicycle Rental: Peel Cycle Centre: 1018 Sherbrooke Tel.: 843-7050. Rates: ~~$1.00 per hour~~ $5 first day
~~$4.00 daily~~ 2nd $3
~~$10.00 weekly~~ 1.50 after

Night Pharmacy: Montreal Pharmacy : 916 E. Ste-Catheri Tel.: 845-7251. Medical emergency, pick up and delivery. 24 hours, 7 days per week.

Pawn Shop: Most of Montreal's shops are located on E. Craig Street, W. of St-Denis and E. of St-Laurent.

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ODDS AND ENDS (Cont'd)

Swimming Pools:

St-Denis: 7075 St-Hubert. Tel.: 872-4651. Indoor Pool.

St-Louis: 225 Ontario Street E. Tel.: 872-2588. Indoor Pool.

For the above, men go on Tuesday - Thursday and Saturday. Women: Monday, Wednesday and Friday.

St-Helen's Island: 3 pools. Mixed pool. Tel.: 872-2392.

Horse Back Riding:

Côte Vertu: Exit 37 Trans Canada W. Tel.: 336-5185.

Entertainment Box Offices:

Montreal Trust: Place Ville-Marie. Tel.: 861-1681, ex. 282.

Montreal Forum: Ste-Catherine W. 2313. Tel.: 932-6131.

Place des Arts: Ste-Catherine W. Tel.: 842-2112.

Wine Making: Wine Celler: 1197 McKay. This shop has all that it takes to make wine and beer.

Beaches:

Oka: "Sauvé Park": bus 4 from Henri Bourassa metro station. $1.10 one way.
At Oka there is a monastary which makes world famous Oka cheese.

Ile Bizard: from the Henri Bourassa metro station take bus Ste-Geneviève: $0.80 one way.

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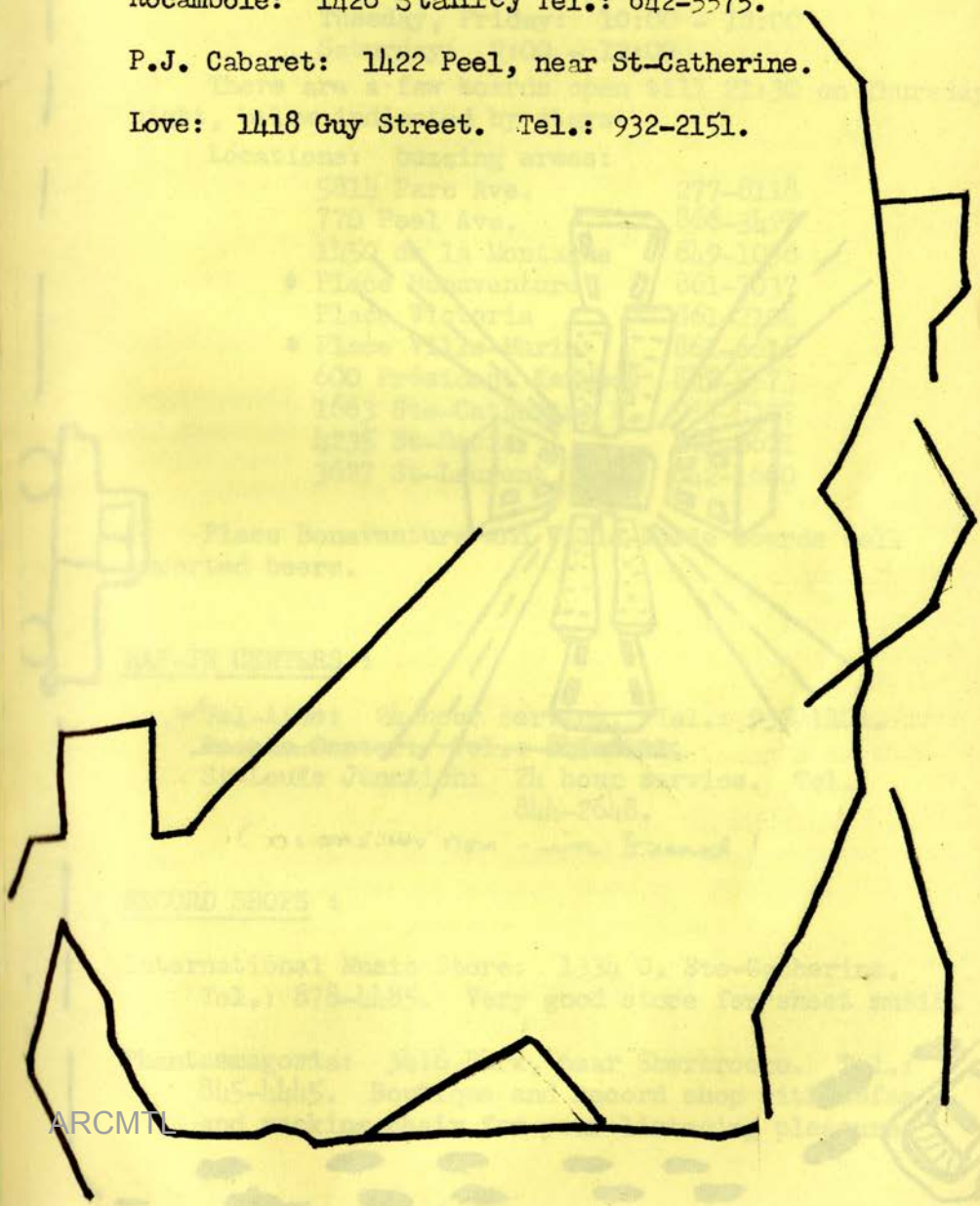
PEUPHTA :

Montreal's gay scene is where you find it and here are a few suggestions:

Rocambole: 1426 Stanley Tel.: 842-5575.

P.J. Cabaret: 1422 Peel, near St-Catherine.

Love: 1418 Guy Street. Tel.: 932-2151.



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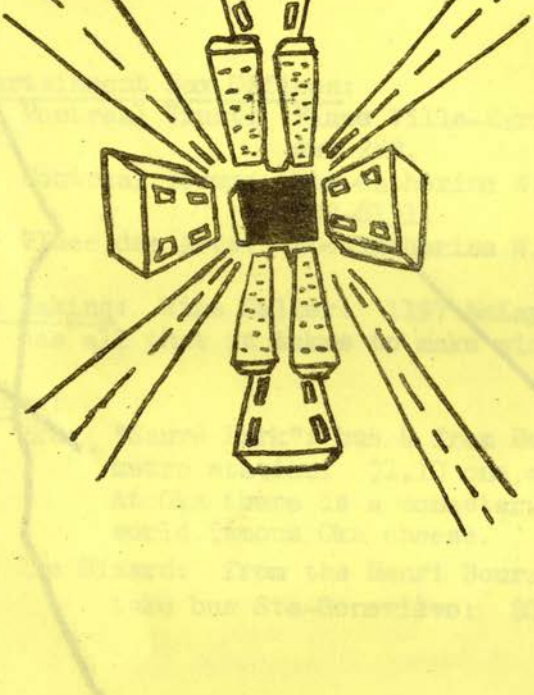

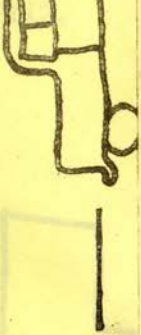

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QUEBEC LIQUOR BOARD :

All liquors are sold in government stores called by most the board. Tel.: 873-3833.

Hrs.: Monday: 13:00 - 18:00
Tuesday, Friday: 10:00 - 18:00
Saturday: 9:00 - 12:00

There are a few boards open till 21:30 on Thursday night, below indicated by stars:

Locations: buzzing areas:

	5814 Parc Ave.	277-8118
	770 Peel Ave.	866-3497
	1450 de la Montagne	849-1036
#	Place Bonaventure	861-7037
	Place Victoria	861-2104
*	Place Ville-Marie	861-6616
	600 Président Kennedy	845-5573
	1663 Ste-Catherine W.	935-5127
	4235 St-Denis	861-6621
	3627 St-Laurent	842-1660

Place Bonaventure and Ville-Marie boards sell imported beers.

RAP-IN CENTERS :

✓Tel-Aide: 24 hour service. Tel.: 935-1101.
~~People Center: Tel.: 845-2111.~~
St-Louis Junction: 24 hour service. Tel.: 844-2648.
(no one in now - in French)

RECORD SHOPS :

International Music Store: 1334 O. Ste-Catherine. Tel.: 878-4485. Very good store for sheet music.

Phantasmagoria: 3416 Park, near Sherbrooke. Tel.: 845-4445. Boutique and record shop with sofas and rocking chair for your listening pleasure.

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RECORD SHOPS (Cont'd)

Cheap Thrills: 1433 Bishop Street. Tel.: 844-7604. Hrs.: 11:00 - 18:00 daily. 21:00 Thurs. & Fri. nights. Used records and books at half price.

Record Centre: 2020 Crescent. Tel.: 845-3541. Recording lending library, $10.00 membership.

Galaxy: 2214 Guy.
486 Ste-Catherine (Labyrinth Market). Record shop that deals heavily in British imports.

Sherman's: 1449 rue Mansfield. Tel.: 845-9218.
Alexis Nihon Plaza. Tel.: 933-2759.

L'Alternatif: 1587 St-Denis. Hrs: 11:00 - 6:00 Mon. - Fri.; 11:00 - 5:00 Sat.
An interesting record shop where music listening can be easily absorbed in comfortable environment.

THEATRE :

French Theatres:

Comédie-Canadienne: 84 O. Ste-Catherine. Tel.: 861-3338.
Théâtre de Quat'Sous: 100 E. Ave des Pins. Tel.: 845-7277.
Théâtre du Nouveau-Monde: 135 O. Ste-Catherine. Tel.: 288-6139.

Bilingual Theatres:

La Poudriere: Ile Ste-Hélene. Tel.: 526-0821. Trans.: bus 169 from Papineau metro; in winter, bus 70.

English Theatres:

Centaur Theatre: 453 St-François Xavier Street. Tel.: 288-6315. Trans.: Place D'Armes metro station. This theatre is just west of Notre Dame Church.

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English Theatres (Cont'd)

Revue Theatre: 1853 O. de Maisonneuve. Tel.: 937-2733 Trans.: near Guy metro station, the St-Mathieu exit.

Pendulum: CNR Passage-Place Ville-Marie. Tel.: 878-1220 (performances are generally free.)

Instant Theatre: 1 Place Ville-Marie. Tel.: 878-2589. This theatre has short performances at lunch hour and during the evenings.

Place des Arts: This is Montreal's crystal ball cultural centre, which consists of three theatres: Port Royal, Salle Wilfrid Pelletier and Théâtre Maisonneuve. 175 O. Ste-Catherine. Tel.: 842-211

Children's Theatre:

La Jeunesse du Rideau Vert: 4664 St-Denis. Tel.: 844-1793.

Youtheatre: 4175 Ste-Catherine W. Tel.: 932-3031. Admission is free (closed May - September)

The Children's Theatre: 4626 O. Sherbrooke. Tel.: 484-6620.

THINGS FREE :

Clothing: University Settlement. Check under Legal and Social Aid.

Art Workshops: Check under Art Workshops.

Films: Check Underground Films and under Cine Participation and La Cinematheque Quebeçoise.

Music: Classical recorded music can be enjoyed at St-George's Anglican Church on Dominion Square. Hours: noon to 2:00 PM.

Food: Hara Krishna Temple every Sunday at 4:00 PM. Check under Religious Movements. If you are really hard up, you can always check the University Settlement House for food vouchers.

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THINGS FREE (Cont'd)

Coffee: Any drop-in centre or at 1215 Crescent St.

Animal Clinic: Check Clinics.

Books: Check Youth Clinic book exchange.

Abortions: Check Abortions.

Birth Control Pills: Check Clinics.

Metro & Bus Maps: Maps are available at each metro Station.

Back Pack Checking: Check Transient Referral under Travellers' Aid and General Info.

Museums: Montreal Museums are free.

Legal & Social Aids: Check under that heading.

Historical and Events Calender: Check under Montreal Tourist under Travellers' Aid.

THRIFT SHOPS :

Les Glaneuses: 3937, rue Adam. Tel.: 524-3729.
Hrs.: Tues. & Thurs.: 14:00 - 16:00; 19:00 - 21:00.
Wed. & Fri.: 14:00 - 16:00.
Trans.: bus 125 or 126 from Frontenac metro to Boulevard Pie-IX.
Les Glaneuses on Adam has two buildings, one devoted to clothing and the other for furniture. Anything one desires can be bought here at very reasonable prices. Tuesday afternoon is the best day. (Better prices than Salvation Army.)

Salvation Army: 1620, rue Notre Dame O. Tel.: 932-2214 or 935-7425.
Hrs.: Mon. - Sat.: 9:00 - 4:30.
Thurs.: 9:00 - 9:00 PM.
Trans.: bus 79 from Guy metro to rue Notre Dame.
The army has a good variety of clothes and furniture.

University Settlement: 3553, rue St-Urbain. Tel.: 847-8836. If you're really in need of clothes, you can get them free here.

ARCHIVES

THRIFT SHOPS (Cont'd)

Le Rouage: 131, rue Prince Arthur. Tel.: 843-4705. These fine people sell their varied items at very good prices.

Boutique St-Louis de France: 3607, rue St-Doninque. Tel.: 844-4272. Hours: 13:00 - 21:00 Thurs. & Friday. Used clothing.

Nearly New Shop: 1209, Boulevard Maisonneuve. Tel.: 849-7245. Closed during summer months.

TRANSPORTATION :

City Buses and Metro: The bus and metro fare is $0.35 in cash, or three tickets for $0.90. Transfers can be obtained and used within the city limits. All buses are pay-as-you-enter type. Children 5 years and under are admitted free.

Bus Terminal: 505, rue de Maisonneuve E. Tel.: 842-2281.

Railway Stations: Central Station (C.N.R.) is on the corner of La Gauchetière and Metcalfe. Tel.: 877-6550.

Windsor Station (C.P.R.) is on the corner of Peel and La Gauchetière St. Tel.: 931-6271.

Drive Away Service: Reliable Drive Away. 6660 Decarie Boulevard. Tel.: 731-3485.

Montreal Drive Away. 4018 St. Catherine St. W. Tel.: 937-2816.

This is a car delivery service, where if one is 23 years and over with a driver's license, he or she could drive a purchased car to a particular destination. This saves one's hitching thumb.

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TRAVELLERS' AID AND GENERAL INFORMATION :

If you need additional information about Montreal, contact the following people:

Montreal Tourist Bureau: Dominion Square. Tel.: 872-3561. If you're going to be in Montreal for awhile, this is the first place to go. Free literature on Montreal and coming events at Place des Arts can be obtained here.

Quebec Tourist Bureau: 2 Place Ville-Marie, Esso Building. Tel.: 873-2416.

Information Canada: Tel.: 283-7877.

Information and Referral Centre: 759 Victoria Square, number 54. Tel.: 842-9751.

Transient Referral Service: 1443 University St. Tel.: 845-5011.

Trait D'Union du Carré St-Louis: 949, rue Cherrier. Tel.: 523-8702. Aid to travellers and there are films shown on Saturday nights.

St-Louis Junction: 3955, rue St-Lawrence. Tel.: 844-2648.

Road Conditions: Tel.: 873-4121.

Weather Conditions: Tel.: 636-3302.

General Delivery: Main Post Office on the corner of Peel and St-Jacques. Tel.: 283-2564. If you have no mailing address in Montreal use general delivery and if you move to another town or city in Canada or U.S.A., ask the postal to transfer it. By doing this you can have mail any where you travel-free.

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Montreal Police: Tel.: 872-1313.

TRAVELLERS' AID AND GENERAL INFORMATION (Cont'd)

Montreal Fire Department: Tel.: 872-1212.

Man and His World Information: Tel.: 872-6392.

Telegrams and Cables: 12-- La Gauchetière West.
Tel.: 861-4211.

UNIVERSITIES AND COLLEGES :

Université de Montréal: Rue Edouard & Montpetit &
Louis Colin. Tel.: 343-6111.

McGill University: 805 Sherbrooke St. West. Tel.:
392-4311; 392-8926 Box Office.

Sir George Williams University: Rue Drummond on
the corner of Bishop and de Maisonneuve West.

Université du Quebec: Rue Bleury and St-Catherine.
Tel.: 876-5500.

Loyola College: 7141 Sherbrooke St. West. Tel.:
482-0320.

College du Vieux Montréal: Sherbrooke St. West and
Jeanne Mance. Tel.: 842-7161.

Dawson College: 350 Selby St. (Campus 1)
Tel.: 931-4211.
535 Viger St. (Campus 2)
Tel.: 849-2351.

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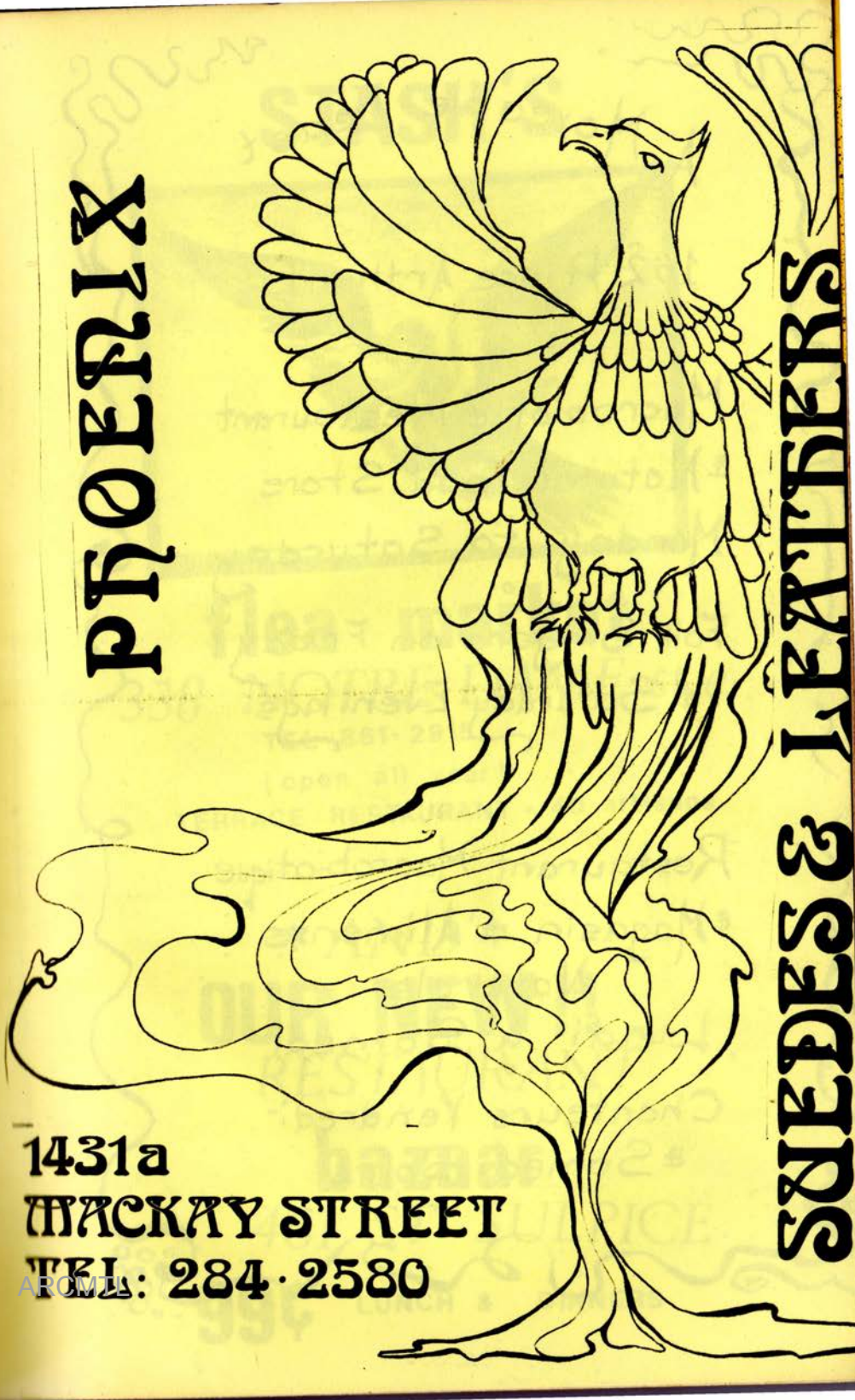
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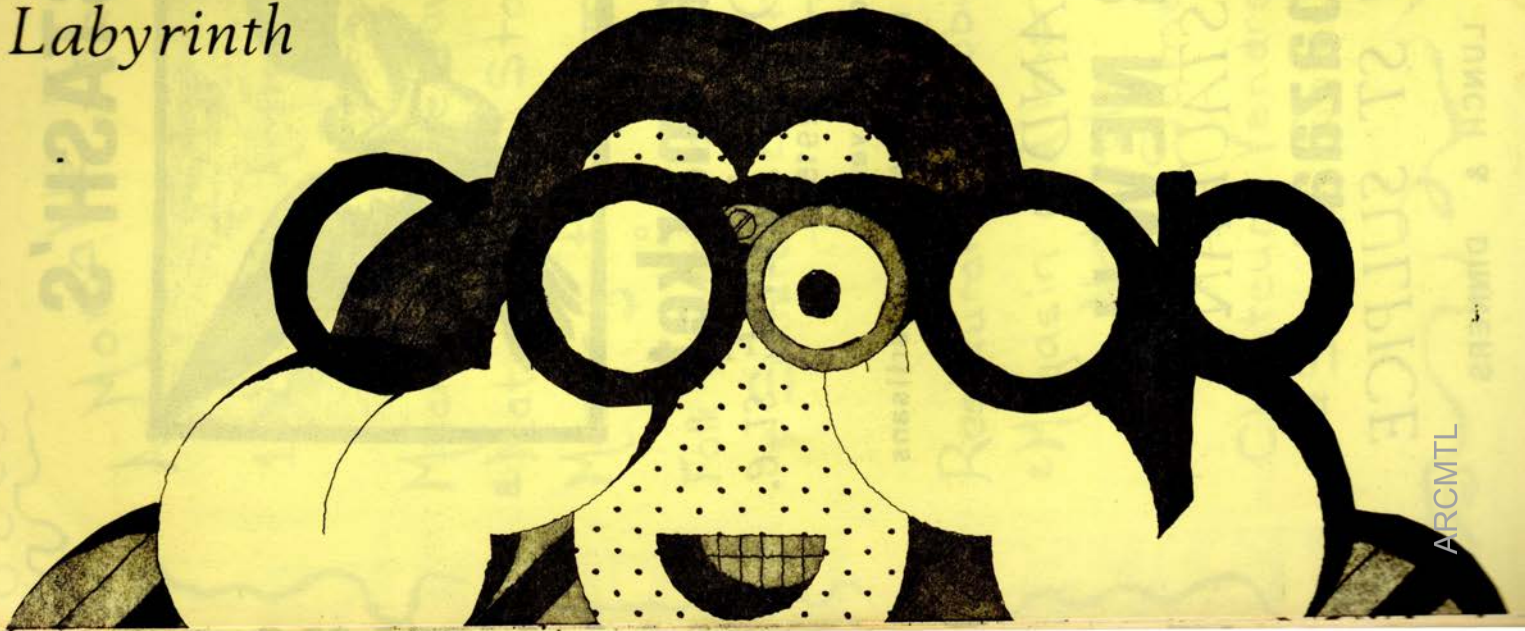

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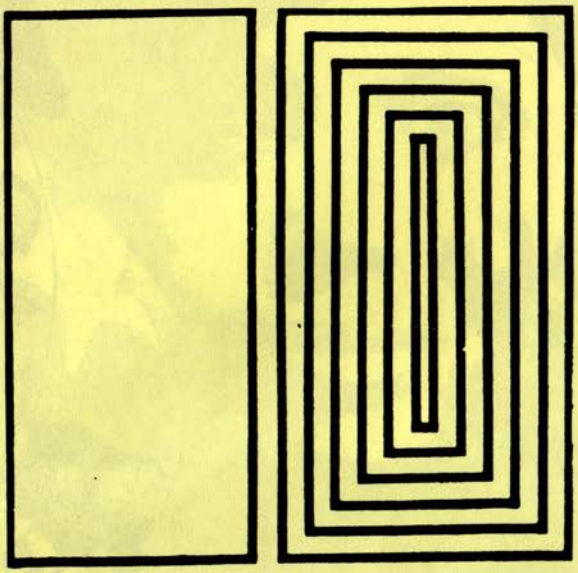
MARKET
OF
BOUTIQUES



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labyrinth

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to look at many things:
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things - just things for heads
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FRANKINCENSE + MYRRH

3000 BC. EGYPTIAN PRIESTS BURNT FRANKINCENSE AND MYRRH.

MOSES WAS GIVEN A RECIPE BY GOD CONTAINING STACTE (MYRRH) AND FRANKINCENSE • EXODUS XXX, 34 •

1500 BC. QUEEN HATSHEPSUT OF EGYPT EMBARKED ON A VOYAGE UP THE NILE TO THE LAND OF PUNT (NOW SOMALILAND), HER MAIN OBJECTIVES WERE FRANKINCENSE AND MYRRH RESINS AND TREES.

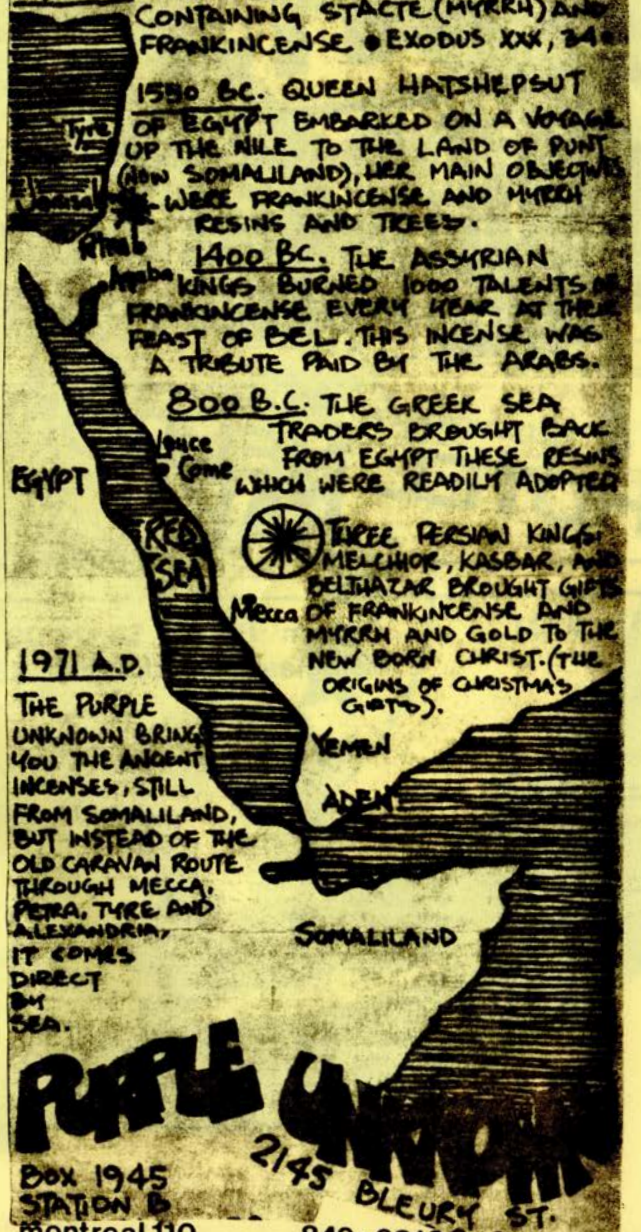
1400 BC. THE ASSYRIAN KINGS BURNED 1000 TALENTS OF FRANKINCENSE EVERY YEAR AT THEIR FEAST OF BEL. THIS INCENSE WAS A TRIBUTE PAID BY THE ARABS.

800 B.C. THE GREEK SEA TRADERS BROUGHT BACK FROM EGYPT THESE RESINS WHICH WERE READILY ADOPTED

THREE PERSIAN KINGS: MELCHIOR, KASBAR, AND BELTHAZAR BROUGHT GIFTS OF FRANKINCENSE AND MYRRH AND GOLD TO THE NEW BORN CHRIST. (THE ORIGINS OF CHRISTMAS GIFTS).

1971 A.D.

THE PURPLE UNKNOWN BRINGS YOU THE ANCIENT INCENSES, STILL FROM SOMALILAND, BUT INSTEAD OF THE OLD CARAVAN ROUTE THROUGH MECCA, PETRA, TYRE AND ALEXANDRIA, IT COMES DIRECT BY SEA.



PURPLE UNKNOWN

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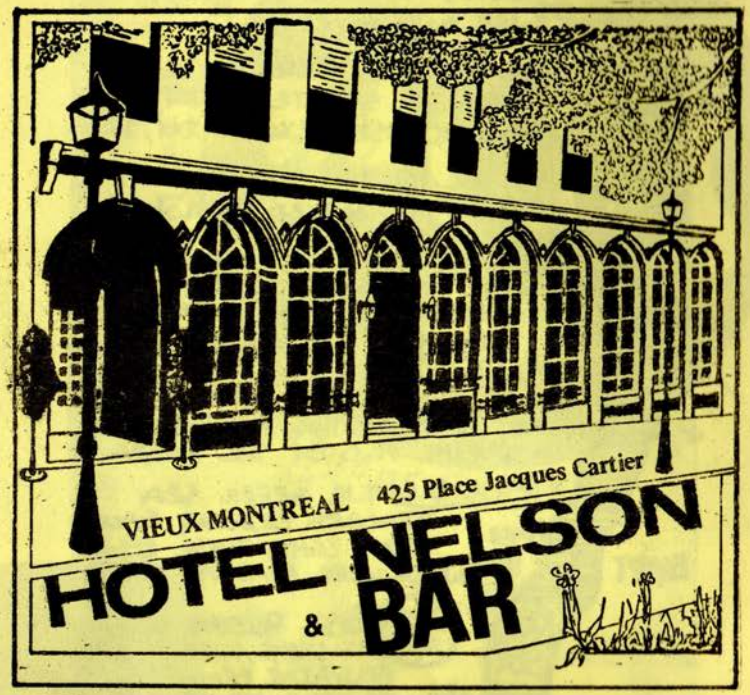

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singles $5. doubles $8.

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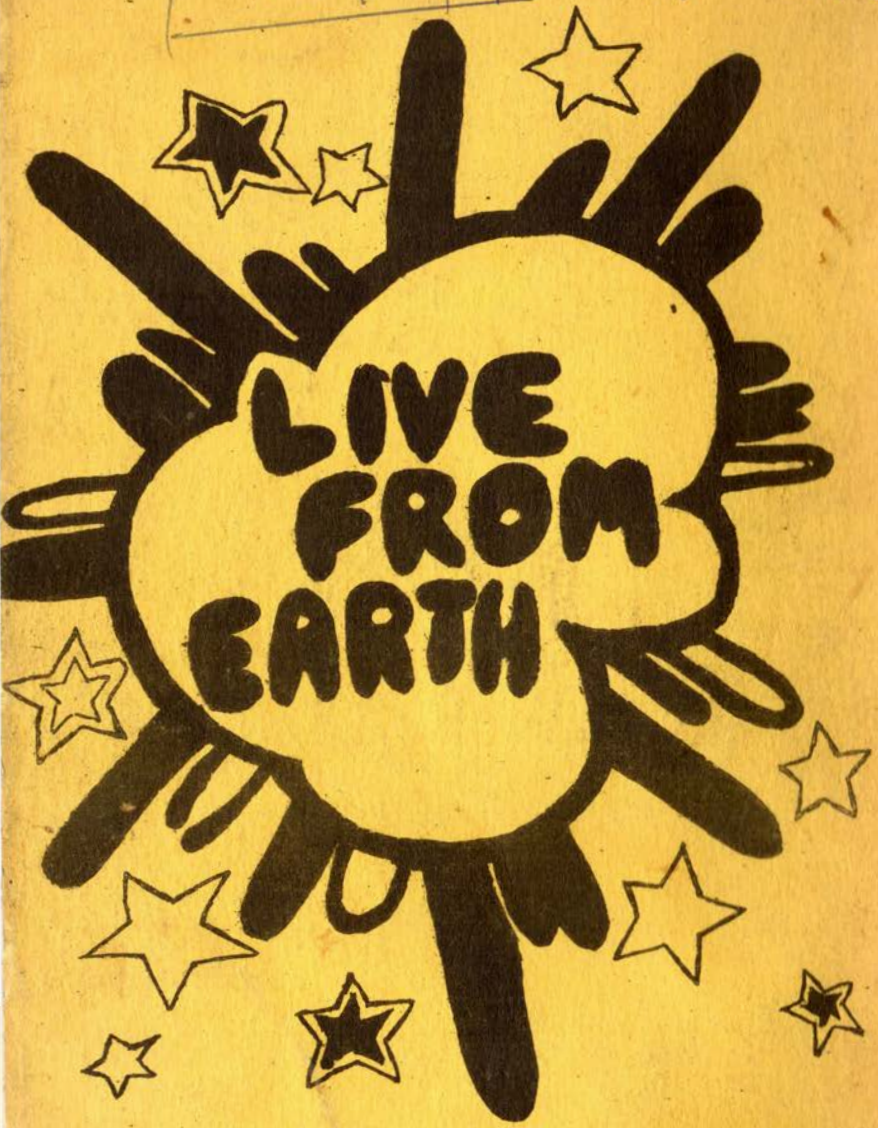

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